



PREPARING FOR YOUR CAPSULE ENDOSCOPY

MEDICATIONS

- Continue your regular medications including blood thinners. You don't need to stop blood thinners for this test.
- If you are using INSULIN – please contact your prescribing physician for instructions.

ONE WEEK BEFORE

Stop all multivitamins and iron supplements

DAY BEFORE THE TEST

- Have a regular breakfast and a light lunch. After lunch, do not have any solids. Have clear liquids (Gatorade, Powerade, Coffee and Tea without Creamer, jello, broth, water, apple juice) until midnight.
- **2 PM: TAKE 4 DULCOLAX TABLETS OTC (If using EZ2GO prep, these are included)**
- **4 PM: Prepare the laxative prep as per instructions and drink only half of it. Since it is not a colonoscopy, you do not need to drink all of it.**
- Have a clear liquid diet the rest of the day and nothing to eat after midnight.

DAY OF THE PROCEDURE

- Take your regularly scheduled medication with small sips of water, including heart and blood pressure medications but otherwise, please arrive on an empty stomach.
- Plan to be at the facility for about 30 to 60 minutes
- **Please do not eat or drink for 4 hours after swallowing capsule.**

Thank you for following these instructions.

If you have any questions regarding your upcoming procedure, please call our office at 281-351-6464 during regular office hours.

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At this time, capsule endoscopy test is only available at our Tomball location.