



## **PREPARING FOR YOUR UPPER EUS AND ERCP**

### **BLOOD THINNERS**

Please check with your cardiologist, hematologist or PCP before stopping your blood thinners.

- Low dose Aspirin (75mg and 81 mg) no longer needs to be stopped. You can continue to take it.
- Higher dose of Aspirin, Plavix(Clopidogrel), Brilinta (Ticagrelor) and Aggrenox : Stop 5 days prior to your procedure
  - Coumadin (Warfarin) : Stop 5 days before
  - Xarelto (Rivaroxaban), Eliquis (Apixaban), Pradaxa (Dabigatran) : Stop 3 days before

After your procedure, we will advise you when you can safely resume these medications.

- If you are using INSULIN – please contact your prescribing physician for instructions.

### **DIET INSTRUCTIONS**

- Eat a light dinner and nothing to eat or drink after midnight. (except for small sips of water to take your medications).

### **DAY OF THE PROCEDURE**

- Take your regularly scheduled medication with small sips of water, including heart and blood pressure medications.
- Plan to be at the facility at least 2 hours
- Make arrangements for someone to be with you to drive you home. Taxicabs or Uber CANNOT be used.

**Thank you for following these instructions.**

**If you have any questions regarding your upcoming procedure, please call our office at 281-351-6464 during regular office hours.**

**SCHEDULED DATE \_\_\_\_\_ DR. \_\_\_\_\_ AT \_\_\_\_\_**

**THE FACILITY WILL CALL YOU WITH YOUR ARRIVAL TIME THE DAY BEFORE YOUR PROCEDURE**