



PREPARING FOR YOUR EGD, ENTEROSCOPY

MEDICATIONS

- Low dose Aspirin (75 and 81 mg) no longer needs to be discontinued for the procedure. If you are on any other blood thinner, please follow the recommendations of your doctor

- If you are using INSULIN – please contact your prescribing physician for instructions.

DIET INSTRUCTIONS

- Eat a light dinner and nothing to eat or drink after midnight. (except for small sips of water to take your medications).

DAY OF THE PROCEDURE

- Take your regularly scheduled medication with small sips of water, including heart and blood pressure medications.
- Plan to be at the facility at least 2 hours
- Make arrangements for someone to be with you to drive you home. Taxicabs or Uber CANNOT be used.

Thank you for following these instructions.

If you have any questions regarding your upcoming procedure, please call our office at 281-351-6464 during regular office hours.

SCHEDULED DATE _____ DR. _____ AT _____

THE FACILITY WILL CALL YOU WITH YOUR ARRIVAL TIME THE DAY BEFORE YOUR PROCEDURE